

# LV COACHES CLINIC *Details:*

## Pride of the Diamond and Bethlehem Sporting Goods

are pleased to announce their partnership in bringing to you the **Lehigh Valley Baseball and Softball Coaches Clinic**. The clinic will offer a unique experience for youth coaches and parents as they learn the basics of the game from area college and high school coaches.

Our staff will speak on such topics as **throwing, pitching, hitting, infield, outfield, catching, base-running, bunting and hitting**. Drills will be explained and demonstrated by our successful staff of speakers enabling you to properly coach your teams, sons and daughters.

The clinic will provide five, **40 minute sessions**, which are designed for instructing players of high school age through Youth Levels.

The expo is designed to provide all involved in baseball and softball, coaches and parents alike, the skills and drills necessary to help improve the **performance and skill levels** of baseball and softball players.

Each Attendee will receive a booklet containing the outline of all of the **speakers** presentation to accommodate note taking.

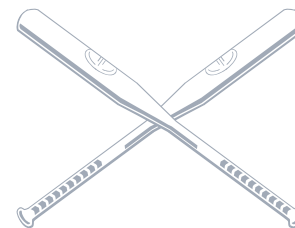
Vendors offering **merchandise** for both baseball and softball to be present to discuss equipment, apparel, and other tools to provide a unique opportunity to develop the individual player and your youth program.

# Baseball Clinic *Speakers:*

- ◇ **JOE KERRIGAN**  
Pittsburgh Pirates  
Pitching Coach
- ◇ **MIKE SARBAUGH**  
Manager, Columbus Clippers  
(Cleveland Indians AAA affiliate)
- ◇ **ROBBIE WINE**  
Penn State University  
Head Baseball Coach
- ◇ **FRITZ HAMBURG**  
St. Joseph University  
Head Baseball Coach
- ◇ **JOE KINNEY**  
Lafayette College  
Head Baseball Coach
- ◇ **NOLAN NEIMAN**  
University of Maryland  
Assistant Baseball Coach

# Softball Clinic *Speakers:*

- ◇ **TERRI ADAMS**  
St. Joseph University  
Head Softball Coach
- ◇ **JAIME WOHLBACH**  
Iona College  
Head Softball Coach
- ◇ **GERRY MAURO**  
Philadelphia Force  
St. Joseph University
- ◇ **SARAH MAULORICO**  
Moravian College  
Assistant Softball Coach
- ◇ **FRANK LUPIN**  
Coordinated Health



# Clinic *Schedule:*

SOFTBALL SESSIONS

## Baseball Sessions

- 10:30–11:00**  
Registration and Vendors
- I. 11:00–11:40**  
Hitting mechanics & drills –Robbie Wine
- II. 11:45–12:25**  
Catching mechanics & drills –Nolan Neiman
- Lunch Break and Exhibits 12:30-1:00**
- III. 1:05–1:40**  
Preseason pitching plans –Fritz Hamburg
- IV. 1:45–2:25**  
Pitching mechanics –Joe Kerrigan
- Break 2:25-2:35**
- V. 2:35–3:10**  
Infield mechanics & drills –Mike Sarbaugh
- VI. 3:15–4:00**  
Practice organization – Joe Kinney

## Softball Sessions

- 10:30–11:00**  
Registration and Vendors
- I. 11:10–11:50**  
Hitting Mechanics & Drills and The Short Game & Finding The Zone –Gerry Mauro
- II. 11:55–12:35**  
Recruiting– From H.S. to College –Terri Adams
- Lunch Break and Exhibits 12:40-1:10**
- III. 1:15–1:55**  
Catching Mechanics and Drills –Jaime Wohlbach & Sarah Maulorico
- IV. 2:00–2:40**  
Pitching Mechanics & Drills –Terri Adams
- V. 2:50–3:30**  
Strength & Conditioning Training - Frank Lupin  
Coordinated Health

# LV COACHES CLINIC *Registration:*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Organization or School \_\_\_\_\_

**I will be attending:** (Please check one)

Baseball Clinic Sessions

Softball Clinic Sessions

### Cost:

Please check the appropriate box and mail payment and registration sheet:

Pre-Registration \$30.00

At the Door \$40.00

**Group Pricing (10 or more)**

**Please Call: 1-877-843-6740**

[www.prideofthediamond.com](http://www.prideofthediamond.com)

[www.potdsoftball.com](http://www.potdsoftball.com)

[www.bethlehemsports.com](http://www.bethlehemsports.com)

[www.neimansportsgroup.com](http://www.neimansportsgroup.com)

# VENDOR *Info:*



Come see the *newest* and *latest* equipment available for the spring. Don't miss out on the great discounts before your season begins!

**2010 Vendors**  
Bethlehem Sporting Goods, Nike, Rawlings, Easton, Louisville, Wilson, Russell, Under Armor, Speedline, Richardson, The Game, Schutt, Pacific Headware, Bishop Photo, Hometown Fundraising, Iron Pigs, Philadelphia Force

For more information on becoming a vendor at the 2010 Expo please contact:

**Tom Cramer** at [Tomc@bethlehemsports.com](mailto:Tomc@bethlehemsports.com)



# REGISTRATION *Info:*

### Registration:

Registration will take place at the Holiday Inn and Conference Center, Fogelsville, Pennsylvania.

### Inclement Weather:

In Case of Inclement weather a notice will be posted on the front page of our website: [www.prideofthediamond.com](http://www.prideofthediamond.com) or call: (1-877-843-6740) and a voicemail will be available.

### What to Bring:

Attendees can bring a pen and notebook, however each person will receive an outline of each clinic session for note taking.

### No Video Taping is allowed:

Video taping of the clinic sessions are prohibited.

### Payments:

All checks should be made payable to Pride of the Diamond and mailed with the application to:

**Pride of the Diamond**  
Attn: LV EXPO  
PO Box 444  
Center Valley, PA 18034

### Questions?:

For BASEBALL contact: **Marty Kenney**  
[mkenney@prideofthediamond.com](mailto:mkenney@prideofthediamond.com)

For SOFTBALL contact: **Jon Adams**  
[jon.potdsoftball@gmail.com](mailto:jon.potdsoftball@gmail.com)



# LEHIGH VALLEY Baseball & Softball

## COACHES CLINIC

hosted in partnership by:



## Sunday Jan 31, 2010

Holiday INN & Conference Center  
Fogelsville, Pa.

Registration: 10:30am – 11:00am  
Clinic: 11:00am – 3:30pm